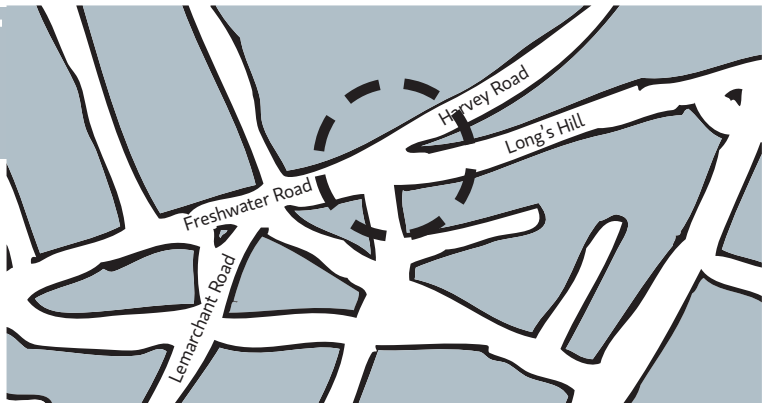
STOREFRONT

On patrol with **Martin Connelly** — **Harvey Road** to **Long's Hill**



HI-LITE framing

59 Harvey Road, 753-2700

Owner Patricia Schubert has been in the business for 27 years, and attributes her location to the ineffable inevitable. "I was meant to be here," she says. "I should write a book." Best part of the business? "Taking something that already means a lot to someone, and making it awesome." According to Schubert, business is good, people are more discerning, and The Rooms puts them in the mood.

The Big R

69 Harvey Road, 722-2256

It's been in the family for 56 years this October, with the exception of nine months when owner Karen Lambert's uncle sold it to former MHA Jim Walsh. Lambert has been working at the restaurant since she was 16. It was completely rebuilt after the '92 fire, and it's been pink and green since then. The "R" comes from "Races," the maiden name of a family member from way back when. Non-fried items were recently added to the menu, but fi & chi is still the big seller.



Richard Steele Gallery

63 Harvey Road, 754-6741

This gallery only sells Steele prints and originals. Richard is a retired teacher, and paints nostalgic pictures chiefly concerned with growing up on Livingstone Street. He mostly works from memory, painting buildings that don't exist anymore, but sometimes uses photos. All prints are hand-printed in the shop, which means that if you're looking for art on a budget, you can take home a nice, though small, framed piece for $70.

Stogger's Pizza

77 Harvey Road, 579-7864

Employee Mark Whalen says, "The best time to order a pizza is Monday and Thursday when Mac is working, except when Coronation Street is on." The BBQ chicken pizza is really good, and pizzas are made from a recipe adopted from the original Venice Pizzeria recipe, which they inherited along with the original Venice oven, which is 38 years old—one of the oldest pizza ovens in the city.

Toya International Market

107 Long's Hill, 579-0999

A newcomer to the block, this shop was originally on Lemarchant. Big sellers are fish heads and cow's feet, and they're now offering goat meat. The cow's feet are actually everything from the knee down, and they're used in stews. It's also a good place to buy hair extensions. They ship stock to Grand Falls and Port Aux Basques.



Long's Hill Convenience

103 Long's Hill, 753-5245

Owner David D'Entremont worked on Canada's first satellite, the Alouette 1, before coming to Newfoundland. Long's Hill Convenience has sandwiches, beer, lotto tickets, and dry goods. D'Entremont is passionate about literacy, and manages the Read To Ride program, which allows individuals to earn a free bicycle (and helmet) by reading books. The bikes come from the RNC's unclaimed bicycle department, and other support comes from the Rotary Club, VOCM Cares Foundation, and Co-operators' Insurance. D'Entremont plans to retire in two years, so if you're interested in getting into the convenience store business, you should talk to him.

Bill's Cycle and Sport Shop

115 Long's Hill, 753-6410

Bill's has been a cycle shop since the 30s, and it's been Bill's since 1970. They'll sharpen your skates all year and repair almost anything, but only sell Norco bikes. Bill's offers a good selection of road and mountain bikes but Monty Barfoot, who this year celebrates his 40th year as a bike mechanic, and his 22nd at Bill's, suggests that to ride the roads around here, you should really get a mountain bike.

Essential Nail and Spa

121 Longs Hill, 739-8885

Opened three years ago, when the owners moved here from Winnipeg, they do nails, waxing, and esthetics, so it's a good option if you don't need a whole haircut/spa treatment package. Fake nails are a big seller. Clientele is mostly women, but there are a few men: "If they come once, they'll come back." A manicure is $20, and a pedicure is $40. Both for $50.

Nova Yoga

125 Long's Hill, 743-8303

Owner Melanie Caines trained in New York City and runs classes six days a week. Classes are centered around the idea of "flow." A one week trial costs $20. The studio is also available to rent as an event space.